### COURSE DESCRIPTION

This course is based on Honor, Courage and Commitment; these are not just words but the benchmark of our training. You must be committed to yourself, your detachment and your class.

The course is divided into units of instruction that will prepare a candidate in the duties as a basic crewmember on his first sea duty tour at a Special Boat Team. (SBT)

# I. Physical Fitness

The training is designed to develop a high level of stamina and endurance to prepare the student for the demands of the maritime combat environment.

## II. Swimmer Skills

Will develop the student's confidence in his ability to survive in the ocean, and, if necessary, assist a crewmate under adverse conditions.

#### III. First Aid Skills

Basic first aid and medical emergencies in a combat environment.

# IV. Maritime Navigation Skills

Extensive training in piloting, dead reckoning, electronic navigation and Rules of the Road prepares the student in all aspects of voyage planning and execution of long-range maritime operations.

# V. Basic Seamanship Skills

Classroom instruction and practical work in basic boat handling and knot tying, prepares the student to operate a Special Warfare Combatant Craft, under supervision, in restricted waters and Open Ocean. These high performance craft are designed to operate at speeds of up to 40 knots in rough sea conditions.

# VI. Engineering Skills

Classroom instruction and practical work prepares the student to operate and monitor the following engineering systems: propulsion (internal combustion engines, jet drives, and out drives), fuel sea water cooling, bilge pumping, steering, electrical, hydraulics, and damage control.

### VII. Communications Skills

A radiotelephone operator is the critical link between the combat element and the outside world; how well he performs this function will, in many cases, determine the success of the mission. This unit prepares the student for planning and establishing viable communications during a NSW mission.

## VIII. Warfare Skills

Care and maintenance of combat gear and basic tactical employment of Special Warfare Combatant Craft is covered in this unit.

## IX. Weapons Skills

The proper handling, disassembly, cleaning, assembly, and operation of small arms ranging from .357 Magnum revolvers to .50 Caliber machine guns.

Besides preparing physically for the course, you must be mentally prepared as well, throughout this course you will be placed in stressful situations and must be prepared to give it your all and stay focus on your goal and committed to completing all the task

Remember, first impressions are lasting ones, during your training you will develop skills that will allow you to become a Combat Crewman, but you will also be developing yourself and your classmates to become better sailors